

TERMINAL CITY TIMES

SEPTEMBER 2024 • VOL. 31 NO. 9



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A Seasonal Favourite

REGISTER FOR EVENTS

online	via Member Central
email	concierge@tcclub.com
call	604 681 4121
text	604 200 2279

Contact

837 WEST HASTINGS ST.
VANCOUVER, BC V6C 1B6, CANADA

call	604 681 4121	 terminalcityclub
text	604 200 2279	 @tcclub
web	TCCLUB.COM	 Terminal City Club

Member Services	604 681 4121
Membership Sales	604 488 8647
Billing	604 488 8607
Catering	604 488 8605
Weddings	604 488 8625
Lions Pub	604 488 8602
Fitness Centre	604 488 8622

Hours

MEMBER SERVICES (FRONT DESK)

Monday – Friday	7 a.m. – 9 p.m.
Saturday & Sunday	8 a.m. – 7 p.m.

FITNESS CENTRE

Monday – Friday	6 a.m. – 10 p.m.
Saturday & Sunday	7 a.m. – 8 p.m.

THE GRILL

Monday – Friday	
Breakfast	7 a.m. – 10:30 a.m.
All Day Menu	11 a.m. – 9 p.m.

Saturday & Sunday	
Coffee	8 a.m. – 9 p.m.
Brunch	9 a.m. – 2:30 p.m.
All Day Menu	3 p.m. – 9 p.m.

MEMBERS' LOUNGE

Monday – Friday	8 a.m. – 11 p.m.
Coffee Service	8 a.m. – 9 a.m.

Saturday & Sunday	8 a.m. – 11 p.m.
Coffee Service	8 a.m. – 11:30 a.m.
Brunch	9 a.m. – 2:30 p.m.

CUVÉE (PHONE-FRIENDLY WORKSPACE)

Monday – Friday	8 a.m. – 8 p.m.
All Day Menu	11:30 a.m. – 6 p.m.
<i>Weekend service available upon request from Grill</i>	

LIONS PUB

Sunday – Wednesday	11 a.m. – 11 p.m.
Kitchen	11 a.m. – 8:30 p.m.

Thursday – Saturday	11 a.m. – 12 midnight.
Kitchen	11 a.m. – 9:30 p.m.
<i>For reservations, contact pubbookings@tcclub.com</i>	

MINK CHOCOLATE CAFÉ

Monday – Friday	7:30 a.m. – 6 p.m.
Saturday & Sunday	9 a.m. – 6 p.m.

TERMINAL CITY CLUB



President's Letter SEPTEMBER 2024

DEAR FELLOW MEMBERS,

September is a time when we all start to refocus, whether that means getting back into the routine after summer vacations, preparing for the final quarter of the year, or simply enjoying the beautiful late-summer days in our Club's unique setting.

Our members have truly made the most of the season. Our patios have been bustling with lively conversation, and it has been a pleasure to see so many of you enjoying the Club's amenities with friends and family. I am especially proud of our staff, who have worked tirelessly to ensure every event and service has met the standards we all expect.

Last month, my wife Alie and I celebrated our 10th anniversary together with a bespoke dining experience at the Club. Everything was beautifully arranged, from the personalized menu and wines to the elegant setting. If you're planning a special occasion, consider your Club the ideal venue. Our team is here to help you create unforgettable memories, just as they did for us. Contact catering@tcclub.com to get the conversation started.

Over the last month, we have been working with our parking provider to alleviate the frustrating issues that the gated exit caused over the long term. We are happy to have moved to a smoother entry and exit system

with no gates, but we have also heard our members dissatisfaction with the need to register their vehicles at all times, so the system will be enhanced with license plate recognition shortly. This will allow TCC members to register one primary vehicle, which will then be recognized and only billed for parking between 9 a.m. and 4 p.m. Monday through Friday. TCC staff will reach out to all members for primary vehicle license plate details. Members with multiple vehicles will need to register those alternate license plates at Member Services or the self-serve parking kiosk each time.

Mink Chocolate Café has been a delightful new addition to our offerings. Feedback from members has been overwhelmingly positive, so if you haven't already, stop by and try the award-winning chocolate. Our culinary team is also upgrading some of the baked goods, so pop down for a croissant with your latte or mocha.

Don't miss **Duelling Pianos** on **Saturday, September 21**. If you haven't been before, this high-energy entertainment experience features two charismatic and talented pianists playing songs requested by the audience and engaging in some friendly competition and banter. Sit back and enjoy this musical back-and-forth, or get up and dance to everything from classic hits to contemporary pop.

Save the date – or better yet, secure your tickets now – for our **annual gala**. On **Saturday, November 2**, step **Beyond the Shadows** and embrace the thrill of the unknown. Keep your wits about you as you explore the Club as you've never seen it before, transformed into a haunted manor with a surprise at every turn. As many of you know, our culinary and beverage team pulls out all the stops for this extraordinary event, so be ready to indulge and be seduced. Don't miss the opportunity to access early bird pricing until Friday, September 20.

As always, it's your participation and enthusiasm that make our Club such a special place. Whether you're attending an event, hosting a gathering, or simply enjoying a quiet meal with a view, your presence enriches our community. I look forward to seeing you around the Club this month and sharing in the experiences that make TCC so extraordinary.

Here's to a fantastic September and to all the exciting moments ahead.

Warm regards,

Nate Kube
Terminal City Club President

Stay informed

CLUB NEWS

holiday hours

The Club will be closed on **Monday, September 2** for Labour Day and on **Monday, September 30** for Truth & Reconciliation. The Lions Pub will be open 11 a.m. – 11 p.m. and Mink Chocolate Café will be open 9 a.m. – 6 p.m.

welcome to our newest members!

We are excited to extend a very warm welcome to our Club and community to the following new members:

- | | |
|--------------------|--------------------------|
| Ms. Rupinder Brar | Mrs. Kim Lepp |
| Mr. Karan Grewal | Ms. Deborah Lester |
| Mr. Mark Gustafson | Mr. Raymond Mah |
| Mr. Jacob Bourma | Mr. Steven Pelman |
| Ms. Leah Camenzind | Mr. Michael Rusch |
| Mr. Kelvin Ip | Ms. Sukhajinder Sanghera |
| Ms. Yana Konakh | Mr. Alexander Weinberg |
| Mr. Mervyn Kube | |

Interested in serving on our Board of Directors? Email gm@tclub.com.

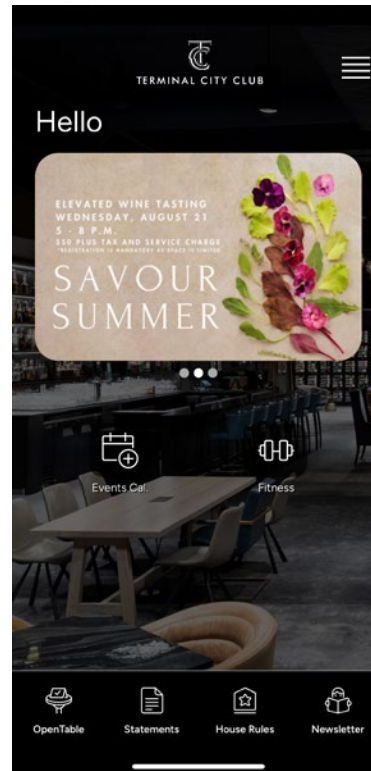


in memoriam

We regret to announce the passing of **Mr. William Meyer** on June 30, 2024. Mr. Meyer was a member of the Club for 33 years.

US presidential debate

Join us Tuesday, September 10 as we livestream the US Presidential Debate in the Members' Lounge. Popcorn provided.



TCClub app

Have you downloaded the TCC app?

- Register for events and group fitness classes
- Make Grill or Lounge reservations
- Order online for pick-up
- View your statement
- View the House Rules
- Read the monthly newsletter
- ...and more!

Search for "Terminal City Club" or "TCClub" on the Apple Store or Google Play.

parking update

License plate recognition will be installed soon. In the meantime, to access complimentary parking hours, members must register their license plate each time they visit on Offstreet via the TCC app or self-serve kiosk (at Member Services, Fitness Centre, or the Security desk), or directly with the Member Services team, Fitness Centre front desk, or the Grill host.

There are four ways to pay for parking between 9 a.m. and 4 p.m. during the week:

- Offstreet (via the TCC app or self-service kiosk)
- HangTag app
- PayByPhone app
- In person with the Member Services team, Fitness Centre attendant, or Grill host.

For more information on these ways to pay, scan the QR code to the right.





club rooms pricing update

New Club Room rates will apply starting October 1. For more information about Club Rooms and how to book, scan the QR code above.

and the winner is...

Thank you to all members who fill out our Grill and Members' Lounge comment cards. Congratulations to this month's lucky winner of a lunch for two from our random draw: **J. Ormiston!**

make it easy: pre-order!

Don't forget to take advantage of our pre-order service, especially for lunch! Contact reserve@tclub.com for Club Room reservations, all restaurant inquiries, and private dining information.



Have you tried any of the new dishes on our summer menus? Pictured above, **Roast BC Halibut** with Israeli couscous, almonds, lemongrass coconut broth, spring vegetables and tapioca crunch.

BOOK YOUR NEXT EXPERIENCE

reserve@tclub.com

Dining AT THE CLUB



September LIVE MUSIC

6 – 9 p.m. in the Members' Lounge

Thursday 5 September

Cassandra Maze

Friday 6 September

David Capper

Saturday 7 September

Olaf de Shield

Thursday 12 September

David Capper

Friday 13 September

Neal Ryan

Saturday 14 September

Connor Roff

Thursday 19 September

Cassandra Maze

Friday 20 September

Neal Ryan

Saturday 21 September

Luc LeMans

Thursday 26 September

Dave Martone

Friday 27 September

Stephen Lecky

Saturday 28 September

Tracey Kofoed

Upcoming CLUB EVENTS



WINE MASTERCLASS

Super Tuscans

THURSDAY, SEPTEMBER 12
6 – 7:30 p.m.

\$125 per person plus tax & service charge

Join an insightful masterclass decoding the modern wines of Tuscany, often referred to as ‘Super Tuscans’. Over the last few decades, these wines and their maverick estates have challenged long-held winemaking traditions in the region, causing a stir with their desire to break with convention. Among Italy’s most revolutionary and desirable wines, we’ll explore the origins of Super Tuscans and taste some standouts. Executive Chef Dan Creyke will create Super Snacks to pair, of course! View the wines being poured on Member Central.



FIND YOUR CENTRE

Meditation: Chakra Balancing with Crystal Singing Bowls

MONDAY, SEPTEMBER 9 &
MONDAY, SEPTEMBER 23
5:30 – 6:30 p.m.

\$15 plus gst

Join a meditation focused on the body’s energy centers, known as chakras, to promote balance, healing, and spiritual alignment. A guided meditation in combination with the sounds of crystal singing bowls can help clear blockages and enhance the flow of vital energy throughout the body, fostering physical, emotional, and overall well-being.

As the class will involve sitting/lying down, participants are encouraged to bring a yoga mat and/or any cushions, blocks or blankets to make themselves comfortable.



SIP, MEET & MINGLE

Monthly Members’ Wine Tasting

WEDNESDAY, SEPTEMBER 18
5 – 6:30 p.m.

\$10 plus tax & service charge
**Registration is mandatory as space is limited*

Join us for our monthly Members’ Wine Tasting! Sample a suite of special wines and enjoy live music. Bring a friend or fly solo and enjoy this wonderful opportunity to meet and mingle with other members and guests. Click here to make a dinner reservation for after the tasting!



MEMBERS' ONLY

Members’ Networking Lunch

THURSDAY, SEPTEMBER 19
12 noon – 1:30 p.m.

Complimentary event with the purchase of lunch à la carte

Join the city’s entrepreneurs, executives, and business owners for conversation over a power lunch.

This is a terrific opportunity to meet and learn from other members representing diverse industries.



TCC EXCLUSIVE

Duelling Pianos

SATURDAY, SEPTEMBER 21

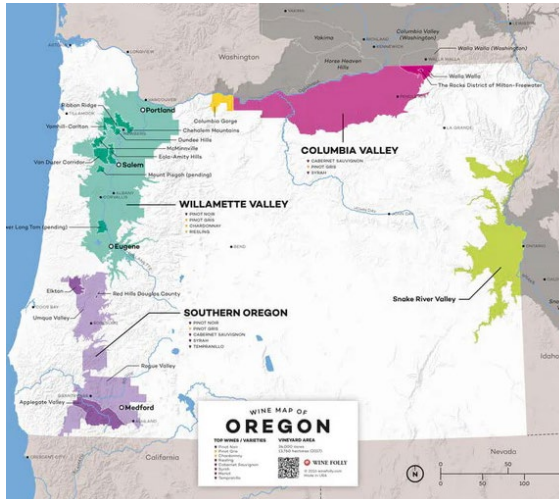
Doors open at 7 p.m.

Show starts at 8 p.m.

*\$76 plus tax & service charge
(includes welcome drink, two
drink tickets and the show.)
Share plates available to order.*

Music, comedy, dancing – what more could you want on a Saturday night? Come, let loose, and enjoy an interactive, Vegas-style event with Paul Gibbons and his Duelling Pianos! They span the decades, from boogie woogie rockin’ blues of Jerry Lee Lewis, standards from Elton John and Billy Joel, or sing-a-long classic anthems from Journey, Queen, the Beatles, modern and everything in between. Audience members are encouraged to get involved in requests and sing-a-long fun!

Get settled with a drink and some bites before the show starts at 8 p.m.!



WINE MASTERCLASS

"Organdy," Burgundy's Spiritual Twin

FRIDAY, OCTOBER 4

6 – 7:30 p.m.

\$140 per person plus tax & service charge

Oregon pinot noir has been a triumph since the very first experimental plantings in 1965. A combination of climate, geology, and sheer human ambition has allowed pinot noir to flourish with fascinating terroir wines of people, place and time.

Join our Director of Wine, DJ Kearney, for an insightful tasting tour through the Willamette Valley, investigating how and why Burgundy's noble grape has found its new world spiritual home. Pinot-worthy morsels from the TCC culinary team to pair.

Ken Wright Cellars Willamette Valley
Pinot Noir 2021 \$90

Résonance Wines Yamhill-Carlton
Pinot Noir 2016 \$131

Purple Hands Lone Oak Ranch
Pinot Noir Dundee Hills 2021 \$95

Martin Woods Temperance Hill Vineyard Eola-
Amity Hills Pinot Noir 2021 \$135

Beaux Frères Willamette Valley
Pinot Noir 2021 \$220



TCC EXCLUSIVE

Comedy Night, featuring Katrina Bennett, Justin Nichol & Damonde Tschritter

THURSDAY, OCTOBER 17

Doors open at 5 p.m. | Show starts at 7 p.m.

*\$30 plus tax & service charge;
reservations are required*

Join us for a fresh take on comedy night!

Best known for her brutal honesty, **Katrina Bennett** will tell you how it is and then some. Her vulnerable and sharp wit has audiences laughing at the unlaughable. A rising comic in the local comedy scene, Katrina won silver medals at BC's Funniest Female contests two years in a row.

Justin Nichol is a fast-paced, loud, and in-your-face comedian who doesn't hold any punches. A blue collar comic, he will win you over with his take on life as a new father and his frustration with how the world seems to work. Justin has toured all over the country and has hosted for legends John Cleese, Tim Dillon, Jeremy Hotz and Miss Pat.

Damonde Tschritter is sidesplitting comedian who has shared the stage with giants Robin Williams, Tim Allen, and Bob Saget. His TV specials have aired on CBC, HBO, and Comedy Central, and *The Globe & Mail* has hailed him as "Comedy's new Superhero, and perhaps this country's finest comedic storyteller." He's the only Canadian in 35 years to win the Seattle International Comedy Competition and was awarded the Gold Medal Performance for the top comedic act at the 2010 Winter Olympic Games in Vancouver.

Upcoming CLUB EVENTS



BC POLITICS

Fireside Chat with John Rustad

MONDAY, SEPTEMBER 23
5 – 7 p.m.

*\$20 plus tax & service charge
(includes one drink ticket)*

**Limit one guest per member.
Registration is mandatory.*

A fireside chat with John Rustad, leader of the BC Conservative Party.



SAVE THE DATE!

Kids Halloween Party: Haunted Howl

SUNDAY, OCTOBER 27

4 – 6 p.m.

Get ready for a spine-chilling, family Halloween extravaganza at our Haunted Howl party! This year, we're brewing up some eerie fun with thrilling games, spine-tingling special entertainment, and a ghoulishly delicious buffet. Dress up in your favorite costumes and join us for a hauntingly good time, filled with laughter, scares, and treats for all ages.



TCC ANNUAL GALA

Beyond the Shadows

SATURDAY, NOVEMBER 2

7:30 p.m. until late

*Early bird ticket, available until September 20:
\$249 plus tax & service charge*

Regular ticket: \$276 plus tax & service charge

Calling all souls, all spirits, all ghouls, all seers...

On Saturday, November 2, step Beyond the Shadows at TCC's annual gala and give in to the thrill of the unknown. Seek and uncover secrets at every turn of TCC's haunted manor. Sink your teeth into delectable bites, imbibe on potions, and be seduced by enchanting entertainment.

event registration

SAVE YOUR SPOT!

online
email
call
text

via Member Central
concierge@tcclub.com
604 681 4121
604 200 2279

GALA
DRESS CODE &
STYLE GUIDE



Upcoming MEMBER-LED EVENTS



IT'S TEA TIME! Sunday Afternoon Tea Social

SUNDAY, SEPTEMBER 1
& SUNDAY, SEPTEMBER 15
3 – 5 p.m.

*\$25 plus tax & service charge
(includes tea, coffee, pastries,
and fruit)*

Here, every cup tells a story. Gather for delightful tea and pastries – each session will feature a unique topic to explore and discuss. Upcoming conversations will span a range of fascinating subjects, including science, AI, the arts, music, the history of our club, etiquette, and even some special performances.

On September 1, member host Lise Amber and special guests will speak on the intriguing world of **life extension science, longevity, and age reversal studies**.

On Sunday, September 15 the topic is opera and classical music. Look for more information on Member Central.



SALON

Tourists, Travellers, and TikTokers

TUESDAY, SEPTEMBER 10
6 – 9 p.m.

*Complimentary event with the
purchase of dinner à la carte.
Late cancellation fees will apply.*

In a 2023 *The New Yorker* article, Agnes Callard invokes heavyweights like Socrates, Ralph Waldo Emerson, Fernando Pessoa, and others to argue against travel. She questions the idea that travel can genuinely transform one's self or lead to self-discovery, suggesting instead that it may often reinforce pre-existing attitudes and prejudices. An award-winning columnist and avid traveller, **Daphne Bramham** will argue the merits of travel done right. But Daphne agrees with Callard that some people shouldn't travel. There's a wide swath of tourists and TikTokers who would be better off – and possibly even happier – if they went to Las Vegas, ate at McDonald's and spent the money they save on miniature Eiffel Towers and Mona Lisa posters.



BUSINESS & COMMUNITY
SPEAKER SERIES

Business Ideologies Between East & West

TUESDAY, SEPTEMBER 17
6 – 7:30 p.m.

*Complimentary event; space is
limited – registration required.*

Samson Chan is the Associate General Counsel at London Drugs. Growing up in a Hong Kong-based family business that operates across East Asia, Samson is passionate and experienced in cross-cultural business approaches and nuances between the East and West.

Samson will speak about ideological differences between east and west, Confucianism and its manifestation in business settings, the importance of reciprocity and trust in business relationships, and hierarchy and rules, specifically in Chinese and Japanese business environments.

*Contact event facilitator Ellen Kief for program and speaker interests at ekief@kiefllaw.com.



SALON

The Future of Vancouver's Central Waterfront

THURSDAY, SEPTEMBER 26
6 – 9 p.m.

*Complimentary event with the
purchase of dinner à la carte.
Late cancellation fees will apply.*

For decades, downtown Vancouver's Central Waterfront – from Canada Place in the west to Crab Park in the east – has languished, even as other parts of the city's urban waterfront have been reimagined, redeveloped and opened up to public access. Why? The reasons are many, and complicated. But essentially it comes down to lack of political will to drive change. Recent initiatives by various stakeholders and interest groups have yielded tantalizing visions of what the future might hold for this strategic section of our city's waterfront. Urban planner **Lance Berelowitz** will lead a discussion on the topic.

Liquid Assets

CURATED BY DJ KEARNEY

Geek Chic Wines for the Adventure Seeker

❶ ANTECH BLANQUETTE DE LIMOUX RESERVE EXTRA BRUT 2021 LIMOUX, FRANCE \$59

Blanquette de Limoux is likely the world's oldest sparkling wine, with legend dating its creation to 1531. Made from the white grape called mauzac, this dry, flavourful sparkler is bottle-fermented just like champagne. Aged for 30 months and made by a six-generation family, it's toasty and lively.

❷ BERMEJOS MALVASIA VOLCANICA 2021 CANARY ISLANDS, SPAIN 2021 \$62

Evolving in isolation in the harsh volcanic terroir of Lanzarote, this aromatic white features the rare grape malvasia volcanica. Floral aromas, subtle peach and mango, with a dry, intensely mineral finish.

❸ ARTEMIS KARAMOLEGOS PYRITIS MEGA CUVÉE ASSYRTIKO 2020 SANTORINI, GREECE \$119

Simply put, this bottle of celebrated pink is a showstopper. There are just 18 estates in Provence with 'cru' status (meaning the best of the best) and this is one of them. Rimauresq takes its name from the Real Mauresque, the river that flows through the organically farmed vineyards. A grenache-centred blend, this supremely fresh rosé benefits from the cooling mistral winds and the shade of looming limestone mountains. Dry, stony, intense and worthy of spot prawns or charcuterie.

❹ RAÚL PÉREZ LOS ARROTOS DEL PENDÓN 2018 BIERZO, SPAIN \$83

Made by one of the greatest wine minds alive, Raúl Pérez discovered a high altitude plot of 110 yearold prieto pecudo vines, native to northern Spain. With meaty, smoky and violet aromas and blackcurrant fruit, it is at once opulent and delicate.

❺ GIUSTI AUGUSTO RECANTINA AUGUSTO 2015 VENETO, ITALY \$70

Smooth and intense, this full-bodied wine is showing the leather and cedar that comes with 9 years of age. The rare Recantina is native to the Veneto in northeastern Italy has both high acid and high tannin levels. Canadian construction magnate Joe Giusti has been the prime champion of recantina.



❶



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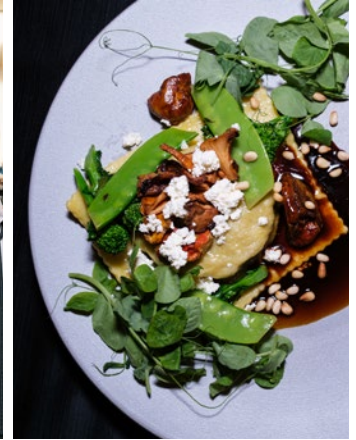
Email wine@tcclub.com
to secure your bottles!

UPCOMING BEVERAGE EVENTS

September 12 • Masterclass: Super Tuscans
September 18 • Members' Wine Tasting
October 4 • Masterclass: Oregon
November 22 • Masterclass: Champagne
November 27 • Holiday Spirit Social

Save your seat – register on
Member Central or with Member Services.

Have You Heard? CLUB NEWS



✂ On August 15 we hosted **Cena in Bianco**, TCC's signature longtable white dinner. Sous Chef **Ansel Hendrawan** captured the magic behind the scenes. Director of Wine **DJ Kearney** and Executive Chef **Dan Creyke** spoke on the menu and pairings, guiding 80 diners through four fantastic courses. It was a resounding success and we thank everyone who attended and made the evening a delight. We are already looking forward to hosting you again next year!



🎉 Congratulations to our Membership Administrator, **Maisha Maliha**, winner of Employee of the Quarter. Maisha is highly regarded by Club members and staff alike. Well done, Maisha!



Congratulations to **Leah Carmenzind** and her team at TELUS originals for having four of their documentaries selected for the upcoming Vancouver International Film Festival (VIFF): *Ari's Theme* (the opening night film), about music composer Ari Kinarthy, who has a rare genetic condition that causes his muscles to deteriorate; *The Chef and the Daruma*, celebrating visionary chef Hidekazu Tojo's struggle to make his culinary creations palatable to a western audience; *Curl Power*, following five best friends in their quest to win a spot at the National Curling Competition; and *Delta Dawn*, about the life and career of Indigenous wrestling sensation Dawn Murphy.

Leah is the Managing Production Executive and team lead of TELUS originals, a documentary film fund and program. Join audiences in-person at VIFF this year to watch and celebrate these features alongside other compelling local and international stories.



Kudos to **Diana Chang**, who won first place at Jericho's Sun and Surf Women's Div 3, defeating the number one seed. Props to fellow TCC members Tim, Sujay, Maria and Leah, for travelling to cheer her on throughout the weekend! Diana is chair of fundraising and a board member at Squash BC. For more information about TCC's Women's Squash Week involvement, see page 12.

If you are interested in playing squash at TCC, contact resident squash pro Barry Gifford at squash@tcclub.com.

DO YOU HAVE NEWS YOU'D LIKE TO SHARE?

Celebrating an engagement, wedding, or new addition to your family? Recently started a new role, joined a Board, or authored a novel? Did you or a fellow member win an award or earn special recognition? **Submit your announcement for our Club newsletter by emailing joinus@tcclub.com.**

Member of the Month

Ernest Yee

While working on his master's degree in political science, with a focus on international relations, at the University of British Columbia, Ernest Yee was appointed as a youth rep on the executive committee and finance committee of the World Alliance of YMCAs, headquartered in Geneva, Switzerland. It was through that volunteer work that he was first exposed to international finance.

"I learned a lot on that finance committee in Geneva. It's what got me interested in banking."

After graduation, Ernest worked in public relations. He was hired by HSBC in 1995 as manager of public affairs in Canada and eventually became vice-president of corporate affairs, and a member of the Global Communications Executive Committee, which was responsible for overseeing external and internal communications of the HSBC Group in over 80 countries.

Ernest managed media relations, government relations, and charitable donations and sponsorships at HSBC for 18 years. One of the high points of his career came in 1997, when the bank's global head office in the U.K. sent him to Hong Kong to deal with international media during the handover of the city from the United Kingdom to the People's Republic of China. Another high point was establishing HSBC scholarships and bursaries at universities across Canada.

Ernest is currently senior advisor, partnerships at Mitacs, a national not-for-profit organization supporting innovation research and development throughout Canada. His focus is on government relations.



"Mitacs helps companies and not-for-profit groups solve their innovation challenges by connecting them to top post-secondary talent. At the same time, Mitacs internships provide post-secondary students with valuable applied research experience. The host company pays only half the cost of the internship, while Mitacs pays the other half using federal and provincial funds."

Outside of work, Ernest maintains a busy schedule volunteering. "I am a big believer of giving back to the community."

Today, Ernest volunteers as chair of the UBC Foundation, and as a member of the university's Campaign Circle. "The goals of the campaign are to raise \$3 billion over five years, and to double the engagement of UBC alumni ... Imagine a world where everyone can access a university education regardless of their financial situation. I grew up in East Vancouver, and I am the first in my immediate family to get

a university education. That education had an enormous impact on my life, and I hope to help others have the same opportunity."

Ernest's extensive volunteer resume also includes serving on the Boards of Arts Umbrella, the UBC Alumni Association, and nine years on the Board of the Jack Webster Foundation for excellence in B.C. journalism — four years as co-chair.

Ernest has also served on the Board of Canada Lands Company and on the Granville Island Trust.

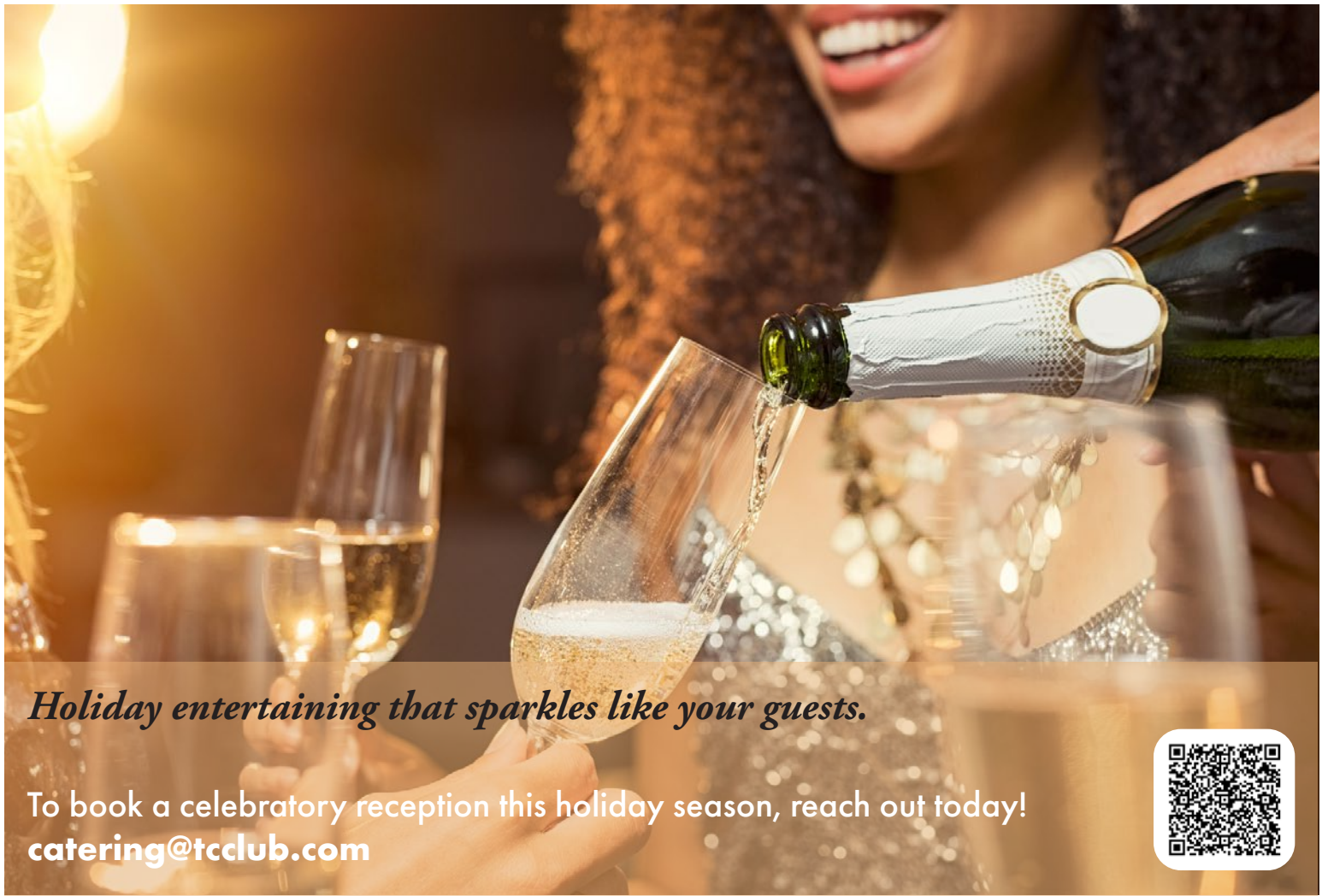
Ernest joined the Terminal City Club more than 15 years ago on the recommendation of colleagues at HSBC.

"I like the wine events organized by D.J. Kearney. They're excellent. I attend wine masterclasses, wine-pairing dinners, and monthly tastings. My interest in learning more about wine really grew during Covid when there wasn't a lot to do during the lockdown. DJ was streaming seminars a couple days a week and I gained a new hobby."

Ernest and his wife, Ling, who is a spousal member of the Club, like to book the Dr. Ignatius Cheung Room in the Grill. "It's a perfect place for a private business dinner or a small get-together with friends or family."

"I've also booked large events for Mitacs and UBC. The TCC staff does an amazing job organizing and delivering these special occasions."

When he's not working, volunteering, or attending TCC social events, Ernest loves to travel. "My favourite spots are the French Riviera, Provence and Burgundy." 🍷



Holiday entertaining that sparkles like your guests.

To book a celebratory reception this holiday season, reach out today!
catering@tclub.com



Coloured Domes
 set of 9 | \$24 • 18 | \$48

Truffles
 set of 18 | \$60

Art Series Tiles
 set of 9 | \$24 • 18 | \$48 • 36 | \$72

exclusive pre-order: mink chocolate café x terminal city club

This autumn, pre-order handmade chocolate domes, truffles & square tiles from Mink!
 With products that are as beautiful as they are delicious, these holiday sets are the ideal gift for sharing the magic of winter.
 Reach out to Mink Manager Marc-André Laurent at mLaurent@tclub.com to secure yours!

Focus ON FITNESS

WEEKDAYS
WEEKENDS

HOURS

6 a.m. – 10 p.m.

7 a.m. – 8 p.m.

**MONDAY, SEPTEMBER 2 &
MONDAY, SEPTEMBER 30**

Club Closed for Labour Day and
Truth and Reconciliation

SQUASH & POOL

ADULT-ONLY SWIM TIME

WEEKDAYS 6 – 9 a.m.

WEEKENDS 7 – 9 a.m.

SQUASH COURT BOOKINGS

Squash court bookings are available
through sportyhq.com. New users:
please contact the Fitness Centre
front desk for registration.

RACQUET RE-STRINGING

Strings can lose tension over a period of
six to eight months; with a new restring,
your shots will have more control and
spring. See the Fitness Centre front desk
for more information.

POLICIES

SWIMMING POOL

Full body showers are mandatory
before entering the swimming pool.

EXERCISE ROOM

Please continue to sanitize gym
equipment before and after use.

GUEST POLICY

The Fitness Centre guest fee of \$30.25
is waived on weekends for the spouse
or common-law partner of a member.

Guest fees are also waived for
members' children and grandchildren
under the age of 19. Members are
limited to six guests per visit. Non-
member guests must always be
accompanied by a member.

SWIM

SWIM COACHING

John Ryan has helped beginners, Masters,
and triathlete-swimmers reach their goals
over his 20+ years of coaching. Private
lessons are a structured (but fun) program
that anyone—regardless of skill level—can
benefit from. Improve your technique, try
new strokes, increase stamina, cultivate a
sense of ease and elegance being in the
water, and grow your confidence.

KIDS' GROUP SWIM LESSONS

Saturdays | September 7 – December 21

16-week term with 14 lessons (No
lessons on October 12 & November 9)

\$385 plus GST

10:00 – 10:40 a.m.	3 – 5 years
10:40 – 11:20 a.m.	3 – 5 years
11:30 – 12:10 p.m.	6 – 7 years
12:10 – 12:50 p.m.	8 – 9 years
12:10 – 12:50 p.m.	Stroke Improvement

*12:10 classes run concurrently

Changes in start and end times are
possible. Children will be grouped based
on age but may be moved to a different
group if their ability requires it. To take
part in group lessons, children must have
some experience in the water, otherwise
private lessons are first recommended
to establish that confidence. For more
information, please email Doreen at john@swimminginvancouverbc.com.

TRAIN

MILFIT PERSONAL TRAINING

MilFit personal training focuses on private
one-on-one sessions designed entirely
on your needs to make sure you reach
your health and fitness goals safely and
effectively. Whether you are new to fitness
or an athlete, our team of professional and
experienced Certified Personal Trainers will
set you up with targeted programs specific
to you.

PRIVATE PILATES WITH ZORICA

**Available Tuesday, Thursday, or
Friday, 10:30 a.m. onwards**

(one-hour session will be held in non-
peak squash court time)

Packages available: single, 5, 10, 20

Zorica Jovic is a BASI®-certified Pilates
instructor and an award-winning gymnast.
(BASI-certified instructors undergo three
years of devoted study with master
teachers.)

Practicing and teaching over 13-years,
Zorica believes, to be a good teacher
you must also be a student and continues
her education constantly. Teaching is her
passion, helping every BODY from the
inside out!

Inquire at the Fitness Centre Front Desk for
more information.





SQUASH

GROUP CLASSES

F.I.T. WITH ATHOS

Mondays on Zoom ■

12 noon – 1 p.m.

This functional circuit training class uses your own body weight to increase muscular strength, improve endurance and burn calories.

VINYASA YOGA WITH CLARE

Tuesdays, in person ■

6:30 – 7:30 a.m.

Vinyasa is an active, flowing style of yoga proven to improve strength, balance, and flexibility. This is an all-levels class, with options provided to ensure all participants feel challenged and successful.

CORE CONDITIONING

WITH LEILA

Tuesdays, on Zoom ■

12 noon – 1 p.m.

Stand straighter and move better when you commit to this class! Full-body cardio sculpting moves are followed by exercises that improve strength and stability.

PILATES: STRENGTHEN

WITH ZORICA

Wednesdays, on Zoom

7 – 8 a.m. ■

Focus on muscle groups in the upper torso, shoulders, arms and back. Build strength, gain flexibility and work toward pain-free movement.

CARDIO KICKBOXING

WITH LEILA

Wednesdays, in person ■

12 noon – 1 p.m.

This fun, non-contact workout utilizes boxing skills and drills to engage every muscle

group in your body. Increase your cardio endurance, power and stamina.

POWER FLOW YOGA WITH RACHEL

Thursdays, on Zoom ■

7 – 8 a.m.

Power Flow is a vigorous, athletic approach to yoga and an excellent complement to any sport. Improve muscle tone, strength, flexibility, and balance.

TOTAL BODY STRENGTH WITH LEILA

Fridays, in person ■

12 noon – 1 p.m.

Build a strong body through low intensity and non-impact weight exercises. Increase your strength and endurance, improve your metabolism, increase bone density and improve balance.

SQUASH

SQUASH LESSONS

Try a private or partner lesson on Tuesday, Wednesday, Thursday, or Saturday (other days upon request). Coach Barry Gifford is a seasoned squash professional (2022 60+ National Champion). Email Barry at squash@tcclub.com for more information.

VANCOUVER SQUASH LEAGUE

The VSL Winter/Spring 2024-25 session runs from late September until mid-March, followed by playoffs. TCC will be hosting Division 4, 6 and 7 teams, pending sign ups. Contact Barry at squash@tcclub.com to register with a team.

FALL JUNIOR SQUASH

Saturdays | September 7 – December 14
(13 weeks; no lessons on October 12 & November 9)

\$260 plus GST, charged to your account upon registration

1:00 – 1:45 p.m. 6 – 8 years

1:45 – 2:30 p.m. 9 – 12 years

2:30 – 3:15 p.m. 13 – 17 years

SQUASH JUMPSTART

Wednesday, September 11

Women 5 – 6 p.m. | Men 6 – 7 p.m.

This free quarterly series is for experienced players and is orchestrated to rekindle your squash spark. This is a great warm-up for VSL. Register at the Front Desk by 5 p.m. on Tuesday, September 10.

SQUASH DRILLS

Wednesdays | 4 – 5 p.m. | \$25

Saturdays | 11 a.m. – 12 noon | \$25

These drills are for intermediate/advanced VSL players. To register, contact Barry for placement by 6 p.m., the previous day.

FREE BEGINNER'S CLINIC

Wednesday, October 9

Learn the basics of squash in a fun environment! Please register by calling the Fitness Centre front desk prior to 6 p.m. on Monday, October 7.

SQUASH BC x TCC FOR WOMEN'S SQUASH WEEK

Tuesday, September 17 | 5 – 7 p.m.

Complimentary event; registration is required as capacity is 16

5 – 6 p.m. Squash clinic

6–6:15 p.m. Squash exhibition match

6:15 p.m. Wine & cheese social

TCC is thrilled to participate in Squash BC's Women's Squash Week! Whether you're a seasoned player or new and curious about the game, this event offers the perfect blend of learning, entertainment, and networking in a fun and supportive atmosphere. Space is limited; contact squash@tcclub.com for the link to register.



• calling all souls, all spirits, all ghouls, all seers •

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Beyond the Shadows

SATURDAY, NOVEMBER 2



TICKETS ON SALE NOW

Early bird ticket: \$249 plus tax & service charge until September 20

Full price: \$276 plus tax & service charge